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# Curriculum Vitae

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Date: Sept 2018



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## PERSONAL INFORMATION

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**Zinat Heidary** (Apr, 14, 1989 / Zahedan)

**Telephone:** 0098 915 378 0973

**Email:** z.heidary.1989@gmail.com

**Marital Status:** Married

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## EDUCATION / DEGREE

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| Sept 2003- Jun 2006  | Diploma, Daneshgah High School, Zahedan.<br>Total GPA: 19.16 out of 20.   |
| Sept 2007- Sept 2013 | Doctor of Pharmacy, Mashhad University of Medical Sciences,<br>Faculty of Pharmacy, Mashhad, Iran.<br>Total GPA: 17.43 out of 20. |
| Sep 2013- June 2018  | Residency of Clinical Pharmacy, Tehran University of Medical<br>Sciences, Faculty of Pharmacy, Tehran, Iran.                      |

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## Thesis

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| Feb 2011- Sept 2013 | Injectable Supramolecular Hydrogel from Insulin-Loaded Triblock<br>PCL-PEG-PCL Copolymer and $\gamma$ -Cyclodextrin with Sustained-<br>Release Property.<br>Supervised by: Dr. Elham Khodaverdi, Dr. Mohsen Tafaghodi.   |
| May 2016- June 2018 | An Evaluation of the Effects of Magnesium Sulfate Loading Dose on<br>Insulin Resistance and Stress Induced Hyperglycemia in Critically Ill<br>Patients: A Randomized, Double Blinded, Placebo Controlled,<br>Clinical Trial.<br>Supervised by: Dr. Hossein Khalili, Dr. Mostafa Mohammadi. |



## ***PUBLICATIONS***

### ***Full Papers:***

- 1- Injectable Supramolecular Hydrogel from Insulin-Loaded Triblock PCL-PEG-PCL Copolymer and  $\gamma$ -Cyclodextrin with Sustained-Release Property. Khodaverdi E, **Heidary Z**, Tabassi SAS, Tafaghodi M, Alibolandi M, Tekie FSM, Khameneh B, Hadizadeh F. AAPS PharmSciTech. 2015;16(1):140-149. Doi:10.1208/s12249-014-0198-4.
- 2- Effect of Magnesium Loading Dose on Insulin Resistance in Patients with Stress-Induced Hyperglycemia; a Randomized Clinical Trial. **Heidary Z**, Khalili H, Mohammadi M, Beigmohammadi M, Abdollahi A. J Intensive Care Med. 2018 Jan;885066618777431. Doi:10.1177/0885066618777431.
- 3- Topical Pentoxifylline for Pressure Ulcer Treatment: a Randomized, Double-Blind, Placebo-Controlled Clinical Trial. Najafi E, Ahmadi M, Mohammadi M, **Heidary Z**, Beigmohammadi MT, Vatanara A, Khalili H. J Wound Care. 2018 Aug;27(8):495-502. Doi:10.12968/jowc.2018.27.8.495.

### ***Submitted Manuscripts:***

- 1- Is Intra-Cellular Magnesium Concentration Correlate with Morbidity and Mortality in Critically Ill Patients?. **Heidary Z**, Khalili H, Mohammadi M, Beigmohammadi M, Abdollahi A. (Peer review status)
- 2- Corticotherapy in Critically Ill Patients: a Literature Review. **Heidary Z**, Khalili H. (editorial review status)

### ***Abstracts (In Seminar; Poster Presentation):***

- 1- Changes in Oxidant-Antioxidant Balance During Ramadan Fasting on Women with Heart Disease Compared with Healthy Women. Delpazir S, **Heidary Z**, Vahdati-Mashhadian N. 12<sup>th</sup> International Congress of Toxicology & Iranian Congress of Poisoning. Mazandaran University of Medical Science. May 2013.



## **BOOKS & PROJECTS**

- 1- مجموعه سوالات طبقه‌بندی شده دکتری تخصصی داروسازی بالینی؛ دکتر زینت حیدری؛ انتشارات اطمینان. ویرایش اول: شهریور 94، ویرایش دوم: فروردین 95، ویرایش سوم آذر 96.

## **HONORS & AWARDS**

- July 2013 First Rank in Clinical Pharmacy Entrance Exam.
- Sep 2015 Third Rank in Clinical Pharmacy Promotion Exam 1.
- Mar 2017 Second Rank in Clinical Pharmacy Board Exam.

## **TRAINING ACTIVITIES**

- Sep 2014- Jul 2016 Clinical Internship Program, Imam Khomeini Hospital, Dr. Shariati Hospital, Sina Hospital, Roozbeh Hospital, Tehran Heart Center, Baharloo Hospital, Children's Medical Center, Tehran, Iran.
- Dec 2014 Endocrinology Aspects of Male Sexual Dysfunctions, Physicians Refresher Course, Imam Khomeini Hospital, Tehran, Iran.
- Oct 2015 Antineoplastic Drug Administration Course, Nurse Refresher Course, Dr. Shariati Hospital, Tehran, Iran.
- Sep 2015- Present Pharmacy Internship Program, 13 Aban Pharmacy, Dr. Amini Pharmacy, Bu-Ali Pharmacy, Imam Khomeini Hospital, Dr. Shariati Hospital, Tehran, Iran.
- Sep 2016- Dec 2017 Pharmacotherapy Clinical Course, General Intensive Care Unit, Imam Khomeini Hospital, Tehran, Iran.



*SERVICES AND ACTIVITIES*

- Oct 2014 Oral Presentation, Prevention and Treatment of Cancer-Related Infections, Oncology Ward of Imam Khomeini Hospital, Tehran, Iran.
- Oct 2014 Oral Presentation, Management of Acute and Chronic Cancer Pain, Oncology Ward of Imam Khomeini Hospital, Tehran, Iran.
- Oct 2014 Preparation of “Management of the Antineoplastic Agents Extravasation Protocol”, Oncology Ward of Imam Khomeini Hospital, Tehran, Iran.
- Nov 2014 Oral Presentation, Asthma Management, Drug and Poison Information Center, Tehran University of Medical Sciences, Tehran, Iran.
- Jan 2015 Oral Presentation, Vitamin D Deficiency Treatment in Pediatric Patients, PICU of Children’s Medical Center, Tehran, Iran.
- Jan 2015 Oral Presentation, Management of Bronchiectasis Exacerbation, Department of Clinical Pharmacy, Tehran University of Medical Science, Tehran, Iran.
- Mar 2015 Oral Presentation, Total Parenteral Nutrition; Poisoning Department of Baharlu Hospital, Tehran, Iran.
- June 2015 Oral Presentation, Rapid Reversal of Warfarin Associated ICH, Department of Clinical Pharmacy, Tehran University of Medical Science, Tehran, Iran.



June 2015

Oral Presentation, Management of Ulcerative Colitis in Adults, Gastroenterology Ward of Dr. Shariati Hospital, Tehran, Iran.

Aug 2015

Oral Presentation, Corticotherapy of Rheumatoid Diseases, Rheumatology Ward of Imam Khomeini Hospital, Tehran, Iran.

Nov 2015

Oral Presentation, Management of Refractory Immune Thrombocytopenia (ITP), Department of Clinical Pharmacy, Tehran University of Medical Science, Tehran, Iran.

Dec 2015

Oral Presentation, Corticotherapy in Critically Ill Patients, General Intensive Care Unit, Imam Khomeini Hospital, Tehran, Iran.

Jan 2016

Oral Presentation, Corticotherapy of Infectious Diseases, Infectious Ward of Imam Khomeini Hospital, Tehran, Iran.

Jan 2016

Oral Presentation, Antifungal Agents, Infectious Ward of Imam Khomeini Hospital, Tehran, Iran.

Feb 2016

Oral Presentation, Management of Mucormycosis, Department of Clinical Pharmacy, Tehran University of Medical Science, Tehran, Iran.

June 2016

Preparation of "Penicillin Desensitization Protocol", Kidney Transplant Ward of Imam Khomeini Hospital, Tehran, Iran.

July 2016

Oral Presentation, Drug Reaction with Eosinophilia and Systemic Symptoms: DRESS Syndrome, Internal Medicine Ward of Imam Khomeini Hospital, Tehran, Iran.



May 2015- Jan 2017

Responsible Pharmacist in Drug and Poison Information Center, Tehran University of Medical Sciences, Tehran, Iran.

Dec 2015

Participated as a Referee and Evaluating Papers in the Field of Clinical Pharmacy in the 14<sup>th</sup> Iranian Pharmaceutical Sciences Congress (IPSC2015), Tehran, Iran.

June 2018

Participated as a Referee and Evaluating Papers in the Field of Clinical Pharmacy in the 18<sup>th</sup> Asian Conference on Clinical Pharmacy, Tehran, Iran.

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***PROFESSIONAL WORKSHOPS ATTENDED***

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Mar 2011

Workshop on Pediatric Pharmacotherapy, Mashhad University of Medical Science, Mashhad, Iran.

Dec 2013

Workshop on Article Writing, Tehran University of Medical Sciences, Tehran, Iran.

Feb 2014

Workshop on Drug and Poison Information Center, Tehran University of Medical Sciences, Tehran, Iran.

May 2017

Workshop on Scientific Writing, Tehran University of Medical Sciences, Amir A'lam Hospital, Tehran, Iran.

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***PROFESSIONAL MEETING ATTENDED***

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May 2013

12<sup>th</sup> International Congress of Toxicology & Iranian Congress of Poisoning, Mazandaran, Iran.

May 2014

5<sup>th</sup> Iranian Clinical Pharmacy Congress, Tehran, Iran.



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| Mar 2015  | 6 <sup>th</sup> Iranian Clinical Pharmacy Congress, Tehran, Iran.        |
| Dec 2015  | 14 <sup>th</sup> Iranian Pharmaceutical Sciences Congress, Tehran, Iran. |
| May 2016  | 7 <sup>th</sup> Iranian Clinical Pharmacy Congress, Tehran, Iran.        |
| May 2017  | 8 <sup>th</sup> Iranian Clinical Pharmacy Congress, Tehran, Iran.        |
| June 2018 | 18 <sup>th</sup> Asian Conference on Clinical Pharmacy, Tehran, Iran.    |

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***PROFESSIONAL MEMBERSHIPS***

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| Jan 2014 – Present | Association of Clinical Pharmacy, Tehran, Iran. |
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***EXTRA CURRICULAR ACTIVITIES***

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| Jul 2002 | Proficiency in English Language   |
| May 2007 | Participation in Computer Course (Windows, Words, PowerPoint, Excel, Publisher) |
| Jan 2011 | Familiar with SPSS  |